



Anna Granta

"Neurodivergent people can succeed at work at the highest levels without burning out."

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"you've helped me and genuinely inspired me"

Signature Talk Titles

- How I recovered from burnout and you can do the same.
- How I adapted agile software techniques to manage my ADHD.
- Supporting Neurodiversity at work.
- How my business led to me discovering the real reason for my 'postnatal anxiety'.
- Personalised talks, designed for the unique needs of your audience.

Bio

Anna Granta has ADHD and dyslexia and is an expert in supporting neurodivergent adults at work and recovering from burnout.

Anna Granta coaches professional, neurodivergent, adults (i.e. ADHD, ASD, Dyslexia, etc). Her clients become more confident, more skilled at working with others, and better able to work on tasks that are most impactful. Anna believes that neurodivergent adults are an asset to organizations and thrive in the right environment.